

## Curriculum Vitae



DR.HITENDRA CHANDRAKANT MAHAJAN  
M.B.B.S, M.D Anaesthesia,  
Chief Consultant Anaesthesiologist  
Ashoka Medicover Hospital Nashik.

**MMC Registration No. 072920**  
**MMC Registered Faculty No. - MMC/MAS/00152/2013**  
**(Hitendra Chandrakant Mahajan Nashik 72920/maharashtra/india)**

### 1] PERSONAL DETAILS:

NAME: DR. HITENDRA CHANDRAKANT MAHAJAN

DATE OF BIRTH: 20<sup>th</sup> MAY 1971

SEX: MALE

NATIONALITY: INDIAN

MARITAL STATUS: Married

SPOUSE: DR. Mrs. Anjana Hitendra Mahajan. B.A.M.S, DOMS (Ayu.)

### 2] CONTACT DETAILS:

PERMANENT POSTAL ADDRESS: "SAVALI", Rameshwar Nagar, Cidco-Ambad link road, Behind Bhole Mangal Karyalay, Nashik – 422010. Maharashtra, India.

TELEPHONE NUMBERS: Mobile - +919423972452.

E-MAIL I.D: [hitanju@gmail.com](mailto:hitanju@gmail.com)

### 3] QUALIFICATION DETAILS:

| DATES   | QUALIFICATION   | PLACE OF TRAINING  | RESULT                |
|---|---|--|-----------------------|
| October 1992,<br>Conferred<br>25 <sup>th</sup> February<br>1995.  | M.B.B.S.  | B J Medical<br>College &<br>Sassoon General<br>Hospitals, Pune<br>University Of Pune,<br>Pune- 411001.<br>Maharashtra, (India) | PASS-FIRST<br>ATTEMPT |
| December 1996,<br>Conferred<br>23 <sup>rd</sup> December<br>1997. | M.D<br>(Anesthesia)                                     | Do   | PASS-FIRST<br>ATTEMPT |
| 25-July-2021  | BLS & ACLS<br>Advance Cardiac<br>Life Support<br>Course | American Heart<br>Association,<br>Lifesupporters<br>Medical Academy<br>Mumbai.   | PASS-FIRST<br>ATTEMPT |

IRC - Trained Instructor of Indian Resuscitation Council for conducting CPR Courses.

Certified Trainer of LIFEBOX international organization for propagating Safe Anaesthesia and WHO safety Checklist.

### 4] RESEARCH PROJECTS AND CASE REPORT PUBLICATIONS / PRESENTATIONS:

1. The Removal of LMA in Paediatric Patients - Deep Vs. Awake. 12<sup>th</sup> National Conference, Research Society of Anaesthesiology & Clinical Pharmacology - AFMC, PUNE -16th to 18th October 1997.

2. Bier's Block - Comparison of Standard and Re-Exsanguinations Technique -- 12<sup>th</sup> National Conference, Research Society of Anesthesiology & Clinical Pharmacology - AFMC, PUNE -16th to 18th October 1997.

3. Comparison of Mallampatti and Wilson's Classification -XXIV Annual Conference of Research Society of B.J. Medical College and Sassoon Hospital, Pune --7th -8th October 1997-- **2<sup>nd</sup> prize.**

4. Role of LMA in Difficult and Failed Intubation -- XXIV Annual Conference of Research Society of B.J. Medical College and Sassoon Hospital, Pune –7th -8th October 1997-- **2<sup>nd</sup> prize.**
5. Thyroidectomy under Cervical Epidural Block -- A case report -- 45<sup>th</sup> Annual Conference, Indian Society of Anesthetists – 27th to 30th December 1997, New Delhi. Received “**Fresenius Fellowship Award**”
6. Bilateral Below Knee Re-Implantation of Legs in a 3 years old baby under Caudal Epidural Anaesthesia a Case Report--Presented at Indian Society of Anaesthesiologist 12<sup>th</sup>-Nov2005-NASHIK.
7. Abdominal field block as an adjuvant to General Anaesthesia in a patients of ASA Gr. IV / V-E for Exploratory Laparotomy- Experience of 25 cases. Presented at Indian Society of Anaesthesiologist on 9<sup>th</sup>-Feb-2008-NASHIK.
- 8). Dr. Ashok Bora Memorial Award – First Prize for Best free Paper in Private Practitioner Category –Making Impossible Spinal Possible by Sacral Foraminal Approach using C- Arm. At MISACON 2012 KOLHAPUR.
- 9). Dr. Laxmi Kamat Award for Best Essay “On Occupational and Professional Hazards for Anaesthesiologist” At State Conference of ISA, MISACON 2012 KOLHAPUR.
- 10) ‘Dexmedetomidine as Sole Maintenance Drug for Awake Craniotomy’ – Paper presented at 14TH National conference of Indian Society of Neuroanaesthesia and Critical Care – Feb. 2013 – Banaras Hindu University, VARANASI.
- 11) **International Presentation** - Presented 2 papers at “**World Congress of Anaesthesiologist’s**” on 30th and 31st August 2016, Hong Kong, The International conference of World Federation of Anaesthesiologists.
  - a) Awake Craniotomies under Dexmedetomidine and Scalp Block
  - b) Making Impossible Spinal possible by Sacral Foramina approach under C- Arm Guidance.
- 12) Modified Intravenous Regional Anaesthesia (Re-exsanguination before surgery). Published in MedPulse International Journal of Anesthesiology, Print ISSN:2579-0900, Online ISSN: 2636-4654, Volume 12, Issue 3, December 2019 pp 227-233.
- 13) Burnout among Healthcare Workers during COVID-19 Pandemic in India: Results of a Questionnaire based Survey. Original Research article. Indian Journal of Critical Care Medicine (2020):10.5005/jp-journals-10071-23518.
- 14) **International Poster Presentation** - Presented poster at “**17<sup>th</sup> World Congress of Anaesthesiologist’s**” on 6<sup>th</sup> September 2021, Prague. The International conference of World Federation of Anaesthesiologists.

Topic- Impact of “*Jeevansanjivani*: the compression-only life support (COLS)” workshop on the basic life support knowledge in laypeople and paramedical personnel aged 18-70 years of Maharashtra state

15) Acceptance of COVID-19 vaccination across India: How concerned are the health care workers? Original Research Article. International Journal of Pharmaceutical and Research 2022;14(1);462-470. www.ijpcr.com.

## **5] WORK EXPERIENCE:**

**From Dec 1996 to Jan 1998** – As a Lecturer – Department of Anesthesia, Sassoon General Hospital, Pune. Gained extensive experience in Neuro and Trauma Anaesthesia.

**From Feb 1998 to Mar 2008**– Practicing as a freelancing Consultant Anaesthesiologist in Nashik. As a freelance Consultant Anaesthesiologists from 1998, I have successfully given anaesthesia to more than 20000 cases of various specialties (Anaesthesia for Neuro / Trauma / Onco / Obstetrics and Gynecology / Laparoscopic / Thoracotomy / ENT and Laser Surgery) in all kinds of setup. Expert in handling difficult high-risk cases. Expert in Regional Anaesthesia. Can handle all the latest Equipment’s and Gadgets.

**From Apr 2008 to Oct 2012** – **Assistant Professor** at Department of Anaesthesiology, Dr. Vasanttrao Pawar Medical College and Research Centre, Adgaon Nashik.

**From Nov 2012 to Sep 2018** – **Associate Professor** at Department of Anaesthesiology, Dr. Vasanttrao Pawar Medical College and Research Centre, Adgaon Nashik.

**From July 2018** – Chief Consultant Anaesthesiologists, Department of Anaesthesia, Ashoka Medicover Hospital, Nashik. This is 350 bedded new hospital started in Nashik and I played important role in establishing the department of Anaesthesia. Here I am heading the department of Anaesthesia with 8 state of the art modular Operation Rooms and 5 Junior Anaesthesia Consultant, and 3 Anaesthesia Technician under me. Since opening of the hospital my department handle 3000 cases of different variety including neurosurgical, trauma and renal transplant surgeries, till 31st Dec 2020.

## **6] INVITED FACULTY AT VARIOUS CONFERENCES:**

Delivered more than 50 academic and non-academic talks on variety of topics at various national and international conferences.

1). ‘DEXMEDITOMIDINE- IDEAL ADJUVANT TO ANAESTHESIA, MY EXPERIENCE’ Lecture at Aurangabad, Ahmednagar, Dhule, Jalgaon, Pimpri Chinchwad, Nanded and Solapur ISA City Branches.

- 2). 'PALENO CETRON – An Effective Anti-Emetic' Lecture at various ISA City Branches.
- 3) As Faculty at 3rd AORA National Conference at Pune., Topic- "Difficult Central Neural Blockade".
- 4) As Faculty at, National Sponsored ISA CME, organized by its city branch Parbhani. Topic- "Labor Analgesia".
- 5) As Faculty at World Anaesthesia Day Celebration Conference, 26-27 Oct 2013. Delivered talk on "Latest unusual non anaesthetic drugs, that Anaesthetist should know".
- 6) As Faculty at, first biennial CME of Maharashtra state Chapter, hoisted by ISA Nagpur city branch. 2013. Talked against in debate on 'Anesthesiologist as a peri-operative physician'.
- 7) As a faculty delivered talked on Salient features of Neuro Anaesthesia at CME ON NEURO ANAESTHESIA, organized by Department of Anaesthesia, Datta Meghe Medical College, Savangi, Wardha. 2014.
- 8) As Faculty at, MISACON 2014 organized by ISA Maharashtra State Chapter, and hoisted by ISA, Latur Delivered lecture on 'Role of Simulators in Anaesthesia Training'.
- 9) As a Faculty at ISACON 2015, Mysore, as a panelist in a discussion on "Difficult Intubation case scenario".
- 10) As a Faculty at World Anaesthesia Day Celebration Conference, ISA Mumbai. Delivered talked on "Profession and Passion for Anaesthesiologists".
- 11) As a Faculty at Dr. Suda Iyer Memorial CME, ISA Solapur. Topic – "Intra-Operative Hypertension -Evaluation and Management".
- 12) As a Faculty at ISACON 2015, ISA Jaipur, Topic – "Group Practice - Is this the Future".
- 13) As a Faculty at Ganga Refresher Course, 19 June 2016. Ganga Hospital, Coimbatore. Topic – "Conquering your mind - The way I did it".
- 14) As a Faculty at ISACON Telangana on 29 July 2016. Topic – "Patients Satisfaction- an outcome measure of Anaesthesia".
- 15) As a faculty at Pune Regional Anaesthesia Course (PRAC-2016), Pune, 20 August. Topic – "Novel Approach in a Difficult Spine".

- 16) As a faculty at PROACT conference Pune, 28 August 2016. Topic – “Debate on PCNL under GA vs Spinal”.
- 17) As a faculty at ISA Satara branch on 17th September 2016, Topic- “Salient features of Neuro-Anaesthesia”.
- 18) As a faculty at ISACON Gujarat and West Zone conference on 24 September 2016 at Bahvnagar. Topic – “Patient Satisfaction - an outcome measure of Anaesthesia”.
- 19) As a faculty at ISACON 2017 Ludhiana national conference, Nov 2016. Topic – “Role of CVP as a guideline to decided fluid status- current concept”.
- 20) As a faculty at CME by ISA Thane branch, 23 Jan 2017. Topic – “Creating Awareness about Safe Anesthesia”.
- 21) As a faculty at CME by ISA Borivali, 29 Jan 2017. Topic – “Failed Spinal”.
- 22) As a faculty at CME by ISA Nanded, May 2017. Topic – “Various Options in Failed Spinal Situation”.
- 23) As a faculty at IMA Nipani, Karnataka. Topic – “Profession and Passion”. 22 July 2017.
- 24) As a faculty at ISACON Telangana state conference, 29 July 2017. Topic – “Non Anesthetist Skill, Anesthesiologist should have”.
- 25) As a faculty at National Sponsored CME by KIMS medical college and ISA Satara, 23 July 2017. Topic – “High Five - Regional Anesthesia publication affecting day today practice”.
- 26) As a faculty at Dr Mrs. Sudha Iyer Memorial CME by ISA Solapur, 6 August 2017. Topic – “Pearls of Thoracic Anaesthesia”.
- 27) As a faculty at ICRA - international pain conference Pune, 12 August 2017. Topic – “How I conquered RAAM and tackling acute pain in sporting injury”.
- 28) As a faculty at MOCON- Maharashtra state conference of Ophthalmologists Pune, 16 Sep. 2017. Topic – “Balancing Profession and Passion”.
- 29) As a faculty at National Sponsored CME of ISA by Pimpri Chinchwad branch on 10<sup>th</sup> Sep. 2017. Topic – High Five in Regional Anaesthesia.
- 30) As a faculty at ISACON Maharashtra 2017, state conference by ISA Nanded on 7 Oct 2017. Topic – Extracurricular achievements by Anaesthesiologists and its importance.

- 31) As a faculty at Lifebox workshop arranged by, Lifebox international, at Nanded, on 5<sup>th</sup> Oct 2017. Topic – Oxygen Delivery.
- 32) As a faculty at ISACON 2017- National conference of Indian Society of Anaesthesiologists, 28 Nov 2017, Kolkata. Topic – “Nitrous Oxide- where do we stand today”.
- 33) As a faculty PGCON organized by ISA Borivali and Department of Anaesthesia, LTM College and Sion hospital Mumbai Topic- “Anaesthesia Practice - Vision 2020”.
- 34) As a faculty at ISNACC 2018, National Conference of Indian Society of Neuroanaesthesiology and critical Care, at Mumbai on 19<sup>th</sup> January 2018. Topic – Conquering your mind the way I did it.
- 35) As a faculty at ISA National Sponsored CME organized by ISA Mysore, on 20 May 2018. Topic – Communications Skills for Anaesthesiologists.
- 36) As a faculty in Ganga Anaesthesia Refresher Course (GARC) 2018, by Ganga Hospital Coimbatore on 28<sup>th</sup> July 2018. Topic – Passion should Rule the Mind.
- 37) As a faculty at ISACON Telengana 2018, Annual Telengana State Anaesthesiologist Conference, organized by ISA Nalgonda city branch on 28<sup>TH</sup> July 2018. Topic – Ethical and Legal Aspect of Anaesthesia.
- 39) As a faculty at PROACT – PUNECON, by ISA Pune branch on 25<sup>th</sup> August 2018. Topic – Debate On Regional Anaesthesia for Lumbar Spine Surgery. Debated for the topic.
- 40) As a faculty at ISACON BIHAR JHARKHAND 2018, State conference of Anaesthesia by ISA Nalanda branch on 28<sup>th</sup> Oct 2018. Topic – Basics of Neuroanaesthesia.
- 41) As a Guest speaker at NIMHANS, National Institute of Mental Health and Neuro Sciences, Bangalore, on 16<sup>th</sup> Nov 2018. Topic – Conquering your mind the way I did it – Journey from OT to Toughest cycling race of the world.
- 42) As a Guest speaker at Urology Pathology National Conference at Kokilaben Ambani Hospital Mumbai, on 16<sup>th</sup> Nov 2018. Topic – Conquering your mind the way I did it – Journey from OT to Toughest cycling race of the world.
- 43) As a faculty at ISACON 2018, National conference of Anaesthesiologists by ISA, At Agra on 28<sup>th</sup> Nov 2018. Topic – United we Stand – Divided we Fall.
- 44) As Guest lecture at TRINITY – An International Medical students conference of LT Medical College, Mumbai on 16<sup>th</sup> Feb 2019. Topic – Importance of Passion in Life

45) Past President Oration at State Conference of Indian Society of Anaesthesiologists, Maharashtra State – ISACON Maharashtra 2019 on 20<sup>th</sup> Feb 2019. Topic – Life of An Anaesthesiologists.

46) As a Faculty at State Conference of Indian Society of Anaesthesiologists Gujarat State – ISACON Gujarat 2019, on 12<sup>th</sup> Oct 2019. Topic – Ethical and Legal Challenges of Anaesthesia Practice.

47) Dr. Mulay Oration by Indian Medical Association Solapur branch on 2d Dec 2019. Topic – Analgesia – Past Present Future.

48) As a faculty at 1<sup>st</sup> State level Yuva FOGSI conference by Association of Gynecologists and obstetricians, Jalgaon on 22<sup>nd</sup> Dec 2019. Topic – Medication Errors.

49) As a Faculty at Online National CME by Association of Obstetrician, Nasik- Topic – Anaesthesia for LSCS in Covid Positive Patient. Nov 2020.

#### **7] LIFE MEMBERSHIP:**

1. I.M.A (Indian Medical Association).
2. M.M.C (Maharashtra Medical Council).
3. I.S.A (Indian Society of Anaesthesiologist).
4. I.S.C.C.M (Indian Society of Critical Care Medicine).
5. I.S.S.P (Indian Society for Study of Pain).
6. AORA (Association of Regional Anaesthesia of India).
7. ISNACC (Indian Society of Neuroanaesthesia and Critical Care).

#### **8] SPECIAL INTEREST:**

- Anaesthesia for Transplant Surgery.
- Neuroanaesthesia
- Anaesthesia for Laparoscopic surgery
- Onco-Surgery Anaesthesia
- Regional anesthesia
- Trauma and Resuscitation
- Occupational Hazard.

#### **9] ORGANISATIONAL RESPONSIBILITIES:**

Worked as a Honorable Secretary and President of Indian Society of Anaesthesiologist and Indian Medical Association on City and State level. Also worked as a organizing secretary of the state conference of Anaesthesia.

#### **10] SOCIAL WORK AND RESPONSIBILITIES –**



**1) Mahajan Bandhu Foundation** – Running the trust for propagating endurance sports and through sports spreading social awareness about importance of “Follow the Rules and India will Rule”.

**2) Nashik Runners and Nashik Cyclist** – I am founder member of Nashik Runners and Nashik Cyclist group. The purpose of these groups is to encourage all the professionals, especially doctors to take up either cycling or running for healthy lifestyle. This social moment has helped many professional colleagues to adapt healthy life style and achieve not only balance in profession and passion but also improve their work efficiency and reduced the stress.

Promoting cycling is also helping to save environment along with gaining health.

**3) LifeBox International Organisation** - I am official trainer for the Lifebox international organisation which works for the creating awareness about Safe Anaesthesia – Safe Surgery. I regularly conduct “Pulse Oximeter and Hypoxia prevention workshop” and “SAFE OR” workshop on behalf of LifeBox organization.

#### **11] AWARDS -**

**1) Special Appreciation by Hon. Prime Minister Mr. Narendra Modi by mentioning in “Man ki baat” and by felicitating in person with National Appreciation Award at 7 Race course Office, Delhi.**

**2) Goda Gourav Award** - Kusumagraj Prathishthan Nashik for Sport (cycling) Achievement.

**3) Late Dr. Gupte Award** - By Gupte Foundation Nashik, for Social Work.

**4) “Shiv Chatrapati Award”, in Adventure Sports 2017/ 2018** - Highest sport Award given by Maharashtra State Government.

**5) Presidents Appreciation Award by Indian Society of Anaesthesiologists in 2014 at ISACON 2014 Maduria.**

**6) Proficiency Award by Indian Society of Anaesthesiologists in 2016 at ISACON 2016 Ludhiana.**

**7) “IMA Diamond Jubilee IDPL Oration Award” 2017-18 in recognition of the services rendered for society and IMA on 27<sup>th</sup> Dec 2018 by Indian Medical Association, National Body.**

#### **12] SPORTS AND EXTRACURRICULAR ACTIVITIES:**

**Basic Course in Mountaineering-** with “A” grade from Mr. Atal Bihari Institute of Mountaineering and Allied Sports, Manali, Himachal Pradesh

**Advance Course in Mountaineering-** with “A” grade from Nehru Institute of Mountaineering (NIM).

**A) Mountaineering--Expeditions –**

- Successfully Scaled Himalayan Expedition-

-Mt. Friendship Peak - 17553 feet. Himalaya.

-Mt.Draupadi ka danda - 19500 feet. Himalaya.

-Khalidikhal Pass - 20500 feet. Himalaya

- Deputy Leader of 1<sup>st</sup> All Doctors Himalayan Expedition - 1993-to Mt.Kedardome-22500 feet.

- Successfully scaled Mt. Stok Kangri - 20200 feet.at Leh Himalaya, under ISA flag to create Anaesthesia Awareness and propagate “Safe Anaesthesia Saves Lives”.

**Mt. EVEREST 8848 Meters – Successfully scaled world’s tallest Mountain Mt. Everest. I am Second doctor to climb Mt. Everest from India. It was under unique mission – “Sea to Sky”. In this mission I cycled from Gateway of India Mumbai (Sea Level) till Kathmandu. From there trekked and climbed till the top/ summit of Mt. Everest (Sky Level). This mission was dedicated to create awareness about Compression only life support – CPR. On the way conducted 25 hands on training workshop for layman and distributed 25000 colour pamphlets in India and Nepal as a Social Responsibility. I could do this mission along with my younger brother Dr. Mahendra Mahajan which has created many records in its own.**

**B) Rock Climbing –**

Baan Pinnacle - 900 feet, highest pinnacle in the Sahyadri Mountains. Dukes Nose pinnacle 800 feet

Tail- Bailya walls, 200 feet, 4 sides’ edge climb.

**C) Marathon** - Running full and half marathon since 2007 at Mumbai / Pune / Satara

- 6 Full marathon Best Timing - International rank- 172—4 hr.06 min 06 sec-20 Jan- 2013. ● 8 Half marathon -Best timing 1 hour 42 min

**ULTRA MARATHON – Completed World’s toughest and highest “Ladak Challenge” 73 km ultra-marathon across Khardungla Pass ( 18380 feet ) leh, Ladak in 10 hours 28 minutes on 6<sup>th</sup> Sep 2018.**

**D) Flying** - HOLDS GPL ( General Pilot ) LICENCE FOR SUPER BLANKNIC GLIDER ● Many hours of flying experience

**E) Rowing** - Single scull solo row. ROWING IN BARAPANI DAM FOR 6 HOURS NON STOP.

## F) Cycling -

- ● ENDURO RACE (TRITHALON) - National Education Foundation Pune— It is the national level adventure race organized by National Education Foundation ([www.enduro3.com](http://www.enduro3.com)) Pune on yearly basis for last six years. The race stretching over two hundred kilometres involve cycling, trekking, swimming, river crossing and firing to be completed in 36 hours. It is the only adventure race of its kind organized in India along with the 8 other countries in the world
  - 1<sup>st</sup> Prize –Amateur Category-Feb.2006
  - 1<sup>st</sup> Prize -- Open All Men Category-Feb.2007.
- ● PARTICIPATION AND COMPLETION OF 268 KM NON STOP INTERNATIONAL CYCLE RACE ACROSS HIMALAYA CROSSING 4 PASSES AT ALTITUDE OF 3450 METERS, ‘**TOUR OF THE DRAGON**’. THE DEATH RACE ORGANISED BY BHUTAN OLYMPIC COMMITTEE.
- ● BRM CYCLING 300 km in 14 hours / 600 km in 37 hours / 1000 km in 63 hours
- ● THE DECCAN CLIFFHANGER Ultra Cycling RACE 644 km starting from Pune climbing Mahabaleshwar to Satara to Dharwad and finishing at Goa, in 30 hours 10 min. 3<sup>rd</sup> Prize. RAAM (Race Across America) Qualified.
- ● FIRST INDIAN TO WIN WORLDS TOUGHEST LONG DISTANCE ENDURANCE CYCLING RACE – **RACE ACROSS AMERICA – RAAM**, ALONG WITH MY BROTHER IN A TEAM OF TWO CATEGORY. 4860 km from Pacific Ocean to Atlantic Ocean in 8 days 14 hours.
- ● **GQC- Golden Quadrilateral challenge**  
6000 km nonstop cycling in a relay pattern on Golden Quadrilateral Highway starting from Mumbai - Chennai - Kolkata - Delhi and back to Mumbai, along with my brother Dr. Mahendra Mahajan in 10 days 19 hours. The ride was dedicated to the nation with the theme of “**Follow the Rules and India will Rule**”. Awaiting Guinness world record entry.