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Dr Adembesa is a consultant cardiothoracic anaesthesiologist based at the Kenyatta University Teaching Referral and Research Hospital (KUTRRH) in Nairobi, Kenya. He is the current head, department of Anaesthesia and Critical Care. KUTRRH has been at the forefront in treating COVID-19 patients in Kenya, with 30 bed ICU dedicated to critically ill COVID-19 patients. Dr Adembesa is also the current national treasurer of Critical Care Society of Kenya. He has spoken at both local and international conferences.